**Time Numbers**

60 seconds = 1 minute

120 seconds = 2 minutes

60 minutes = 1 hour

120 minutes = 2 hours

24 hours = 1 day

48 hours = 2 days

28-31 days = 1 month

365 days = I year

7 days = 1 week

 Sunday, Monday, Tuesday.

 Wednesday. Thursday, Friday

 Saturday

52 weeks = 1 year

4 weeks = 1 month (approximately)

 January, February, March, April,

 May, June, July, August,

 September, October, November,

 December

12 months = 1 year

10 years = 1 decade

10 decades = 1 century























 1
 25 minutes

+ 45 minutes

 70 minutes (= 1 hour & ten minutes)

 1 1

 3 hours and 49 minutes
+ 2 hours and 36 minutes

 (5 hours and 75 minutes)

 **or**

 6 hours and 15 minutes